



Earthways Guide Service

Guided Canoe Trips & Traditional Skills

360 Swan Lake Ave.

Belfast, ME 04915,

207 504 2606

www.earthwaysguideservice.com

Winter Trip Packing List

Please call us if you are missing any items from the list, there is a good chance we can loan you items.

Personal Clothing

Wool or polarfleece scarf or neckwarmer

Wool or polarfleece hat

Nylon windshell (unlined with hood)

Polarfleece, pile, or wool jacket or heavy wool sweater

Raingear (top and bottom; thaws occur, even in the winter)

One pair wool or polarfleece pants

Two pairs wool or polypropylene longjohns (top and bottom)

One wool or polarfleece shirt/sweater

One pair down or Dacron filled booties

Two pairs underwear

Two pairs mittens

Two pairs insulated gloves

One pair thin poly or polarfleece liner gloves

One bandanna

Four pairs heavy wool socks

Windpants, snow pants, or ski pants

Winter boots with gaiters (boots that take liners recommended, plus 2 extra liners)

Insulated winter parka

Winter mukluks for around camp

Personal Gear

Camera

Sunglasses

Chapstick

Sunscreen

Headlamp or small flashlight (with spare batteries)

Toiletry kit (toothbrush, paste, comb, soap, sm. pkg. tissues for tp, etc.)

Metal thermal cup for hot/cold

Thermal water bottle

Lighter, matches, or flint & steel

Sharp knife with locking blade

Whistle

Day pack or fanny pack

Suggested

We have some available, or you may use your own:

Winter sleeping bag

Foam sleeping pad

Snowshoes

Large backpack, duffel, or pack basket with waterproof liner for personal clothing and gear